EDITORIAL

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The full benefits of magnified vision in all disciplines of video-assisted surgery are well known and appreciated for many years. The use of microsurgery in limb transplants and microvascular free flaps has now been standardized and used for many years. On the other hand, a special emphasis must be put on the advantage that can be achieved by the use of optical magnification during microsurgery operations, in general surgery.

The purpose of this work is to give some personal insights into experience using microsurgery in a surgical department, particularly in thyroid and parathyroid surgery, parotid and submandibular surgery, peripheral nerve surgery and andrological microsurgery that is all areas of general surgery which have in common the need for conservation and preservation of important nerve structures.

Over the past 50 years we have seen significant technological innovations in the field of thyroid and parathyroid surgery, with a significant reduction in mortality and complications such as lesions of the laryngeal nerves and hypoparathyroidism. Complications in thyroid surgery can be reduced by proper anatomical knowledge of the neck and using precise surgical technique. In the last 40 years there are only a few publications in the literature about the use of microsurgery in thyroid surgery, and all emphasize the concept that microsurgery improves surgical results especially in reinterventions and in lymphadenectomy. We recently published a paper in which thyroid complications are analysed from a large number of patients using microsurgical technique and optical magnification. In this study we concluded that using the approach proposed can reduce the complications both with regard to hypoparathyroidism and to recurrent nerve paralysis. Moreover, using only a microscope can repair any accidental intraoperative injury of the inferior laryngeal nerve. This study strongly supports the use of optical magnification during microsurgery operations, in general surgery. In addition, to more accurately visualize its enlarged vision through the loupes in thyroid surgery, we have recently developed a video prototype that provides better results in terms of video quality, providing both surgical and teaching aids.

In major salivary glands surgery, it is essential to identify and preserve the facial nerve in parotid surgery and lingual and hypoglossal nerves in sub-mandibular surgery. The risk of transient facial nerve dysfunction is estimated around 20–40 per cent, while persistent facial nerve palsy occurs in 0–4 per cent of patients. Rarely the facial nerve can be affected by a schwannoma, in that case the use of microsurgery is essential to limit the incidence of injuries. Familiarity with microsurgery, allows one to perform an immediate reconstruction of the nerve due to accidental injury during surgery and thus would avoid a difficult reoperation, moreover burdened by high failure rates. Therefore, functional and cosmetic deficits associated with the accidental injury of these nerves should induce every surgeon, treating these pathologies, to use microsurgical technique and loupes magnification. In this regard, some authors have recently reported a reduction of post-operative complications and facial paralysis by using bipolar dissection technique and the study by Nicoli et al. confirmed the low morbidity associated with superficial parotidectomy and total conservative parotidectomy using microsurgical techniques.

The use of microsurgery is an established procedure worldwide for peripheral nerve injury. Microsurgery, in
fact, is essential in the treatment of iatrogenic injury (facial nerve, recurrent laryngeal nerve, sciatic nerve, femoral nerve, tibial nerve), in traumatic instances and in inguinal pain syndrome (chronic orchialgia, nerve damage as a result of hernia repair, orchidopexy and varicocele repair). Chronic testicular pain is defined as unilateral or bilateral scrotum pain lasting at least three months, and is a disease of difficult therapeutic resolution. When medical therapy fails, the only therapeutic resolution is represented by the microsurgical denervation of the spermatic cord. The first operation of this kind was carried out about 40 years ago, and since then numerous studies have been published demonstrating the efficacy of this therapy. Recently, the robot has been used for the treatment of chronic testicular pain reporting similar results to those already published using microsurgery.

Robotic technology lends itself as a particularly useful tool for other andrological microsurgical interventions such as vasectomy reversal. In a recent review Korzadeh reported that inguinal hernia repair with use of mesh in bilateral open and/or laparoscopic repair may cause male infertility for the obstruction and/or damage to the cord and the vessels. It is quite innovative that, a recent article proposes the use of an operating microscope in the treatment of inguinal hernia, especially when employed by an urologist performing simultaneous operations for varicocele or surgical procedures on spermatic cord or testis. According to the authors, the use of microsurgery is crucial to minimize surgical complications. Furthermore, it’s very interesting that the authors believe that inguinal hernia repair using microsurgical technique represents a valuable aid to safeguard injury to nerve structures such as ilioinguinal and genito-femoral nerve, arterial vessels and vas deferens; such treatment has the potential to minimize the risk of hematoma, infection, vasal obstruction, sensory loss and chronic post-herniorrhaphy pain. In regard to the use of magnification in hernia surgery repair, our group systematically uses microsurgery also in inguinal and andrological surgeries by adopting loupes 4.5 magnification and reserving the use of the microscope for vas deferens surgery and to the difficult reconstructions of the seminal pathways in men with obstructive azoospermia (OA).

Surgery for peripheral nerve sheath tumours (PNST), represented by schwannomas and neurofibromas, is particularly delicate and should be performed only in selected centers using microsurgery. Guya et al., in a recent clinical article, presented one of the largest single-institution series of symptomatic, surgically treated PNSTs, performing surgeries observing the rules of microsurgery. In schwannomas surgery, generally almost all nerve fascicles can be detached from the tumour and left intact, with the exception of one or two fascicles entering into the tumour, usually lacking in functionality that must necessarily be sacrificed. Neurofibromas, instead, typically had two or more entering and exiting fascicles and required more accurate dissection, following the same rules used in the removal of schwannomas. This is one of the main reasons why it is more difficult to remove a neurofibroma without damaging the nerve than a schwannoma, therefore a pre-operative diagnosis is essential for better surgical planning. Adani in an interesting study published recently, has redefined what should be the correct diagnostic and therapeutic approach in 34 schwannomas operated in a period of 16 years, and evaluated short- and long term neurological deficits. The authors highlight that the use of microsurgery associated with suitable clinical experience is critical in surgery of nerve tumours, to achieve excellent functional results. Ultimately, the proper surgical approach of PNSTs (neurofibromas and schwannomas) is tumour removal from the involved nerve under magnification using microsurgical technique.

Andrological microsurgery plays an important role especially in patients with non-obstructive azoospermia (NOA), where microscopic testicular sperm extraction (micro-TESE) is a valid support for assisted reproduction techniques (ART). In the management of male infertility, the use of microsurgery is a widespread and established procedure in many diseases, like varicocele and obstructive OA.

Microsurgery and magnification can be used with undoubted advantages in several surgical interventions, but requires expertise with microscopic instrumentation and optical magnification. The operator can only acquire these skills after long periods of clinical-experimental training and continuously maintaining training in the technique, possibly participating in microsurgery courses aimed at the use of optical magnification devices and a microsurgical instrument. It is essential that the surgeon, especially if young, is provided with appropriate ongoing training courses, since occasional surgery using microsurgery can make surgical performance difficult and be risky for the patient.

Decreasing the complications and improving patient quality of life should represent the criteria of feasibility and usefulness of each surgical technique and microsurgery definitely presents the right qualities to achieve those objectives.
References


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